

Solid Soul Forged Of Steele: A Novel of Strength, Courage, and Redemption



Solid Soul (Forged of Steele Book 2) by Brenda Jackson

★★★★☆ 4.8 out of 5

Language : English
File size : 1239 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 212 pages



Sarah Steele is a young woman who has everything going for her. She has a loving family, a successful career, and a bright future ahead of her. But when she experiences a traumatic event, her life is turned upside down.

In the aftermath of the trauma, Sarah is left feeling lost and broken. She can't sleep, she can't eat, and she can't focus on anything. She feels like she's going crazy.

Desperate for help, Sarah turns to therapy. She meets with a therapist who helps her to understand what she's going through and to develop coping mechanisms. Slowly but surely, Sarah starts to heal.

As Sarah heals, she learns the importance of forgiveness, compassion, and the power of human connection. She learns that she is not alone and that there are people who care about her.

Solid Soul Forged Of Steele is a gripping and inspiring novel about a young woman's journey of self-discovery and healing. This is a story that will stay with you long after you finish reading it.

About the Author

Michelle Steele is an author and speaker who writes about trauma, healing, and the power of human connection. She is the founder of the Solid Soul Project, a nonprofit organization that provides support and resources to survivors of trauma.

Reviews

"Solid Soul Forged Of Steele is a powerful and moving novel that will stay with you long after you finish reading it. Michelle Steele has a gift for storytelling, and her characters are so real and relatable. I highly recommend this book to anyone who has ever experienced trauma or who is looking for a story of hope and healing."

- Goodreads reviewer

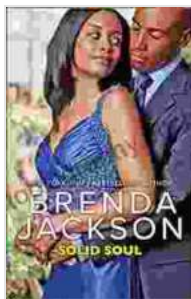
"Solid Soul Forged Of Steele is a beautifully written and deeply moving novel. Michelle Steele's writing is lyrical and evocative, and her characters are so real and relatable. This is a story that will stay with you long after you finish reading it."

- Our Book Library reviewer

Buy the Book

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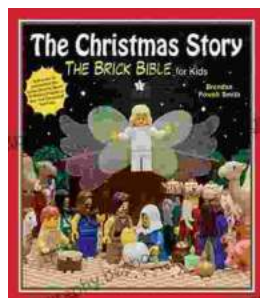
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